

Resources for you to explore. I encourage you to particularly look up the Diocese of Exeter resources. This list is not exhaustive, so if you want to add more please let me know – Tracey

### Diocese of Exeter

A service for Mothering Sunday has been recorded and will be broadcast at 10am with Bishop Jackie. It can be found on any of the following – along with other reflections/services

<https://www.youtube.com/user/CofEDevon>

<https://www.instagram.com/cofedevon/>

<https://en-gb.facebook.com/CofEDevon/>

<https://twitter.com/cofedevon?lang=en>

There are other resources available from the Diocese here

<https://exeter.anglican.org/resources/coronavirus-guidance/coronavirus-resources/>

**Don't forget BBC Radio Devon, where a special service with the Archbishop of Canterbury will be broadcast at 8am on Mothering Sunday morning.**

They also broadcast regular Sunday Worship – our lovely Cate Edmonds can be heard there occasionally.

### Other Resources

**Church of England Lent App, email.**



#LiveLent: Care for God's Creation is the Church of England's Lent Campaign for 2020. Available as a booklet, emails or an app.

App: Free

See <https://www.churchofengland.org/livelent>

### **Common Worship: Daily Prayer**



Find complete services for Morning, Evening and Night Prayer from the Church of England with this official Daily Prayer app.

App: Free for use online, small yearly subscription for offline.

### **Common Worship: Time to pray**



Time to Pray: Prayer During the Day from the Church of England provides a pattern of prayer and daily Bible reading that is simple yet profound.

App: Free to use online, small yearly subscription for offline.

### Soultime: a Christian Meditation app



Soultime is a Christian meditation app for daily meditations, relaxation and anxiety relief.

App: some content is free, a subscription is required to access all content

### Sacred Space app and website



Spiritual freedom, a deeper relationship with Jesus, and finding God in all things are three basic precepts of Ignatian Spirituality.

Website <https://www.sacredspace.ie/>

App: Free

### Lectio 365



Lectio 365 is a daily devotional resource that helps you pray the bible every day.

App: Free

### Northumbria Community



On-line versions of Celtic daily prayer: Morning, midday, evening and compline.

Website: <https://www.northumbriacommunity.org/offices/how-to-use-daily-office/>

### Pray as you go app and website



Designed to be accessible wherever you are, this includes music, scripture and questions for reflection.

Website: <https://pray-as-you-go.org/>

App: Free to download

### Centering prayer:



Centering Prayer is a method of silent prayer that prepares us to receive the gift of contemplative prayer, prayer in which we experience God's presence within us.

App: Free

At this time I have found my spiritual online home in many of these resources, but if you long to connect with others like I do, I particularly like the resources from,

### St Martin-in-the-Fields

They are streaming live worship online as follows

Monday – Friday

Morning Prayer at 8.30am

Lunchtime Mass 1pm

Sunday

Eucharist 10am

All the details can be found here

<https://www.stmartin-in-the-fields.org/>